



CIANBRO

Improving SAFETY with SIF

SIF & PSIF Introduction

- What is a SIF or PSIF Incident?
 - Serious Injury or Fatality
 - An incident resulting in a change to the quality of life, or a loss of life.
 - Potentially Serious Injury or Fatality
 - A release of High Energy without a Direct Control in place, but where a serious injury or fatality does not occur.



“we were lucky...”

“boy that was close...”

SIF & PSIF Definitions

- Serious Injuries &
 - High Energy Hazards w/ SIF Potential (PSIF)
- | | | |
|---|---|--|
| <ul style="list-style-type: none">• Amputations• LOC (Loss of Consciousness)• Heat Exhaustion / Heat Stroke• Electrical Arc Flash or Shock | <ul style="list-style-type: none">• Equipment/Vehicle Rollover• Falls from Heights• Fires and Explosions• Burns• Broken Bones | <ul style="list-style-type: none">• Torn Tendons/Ligaments• Internal Organ Trauma• Release of Stored Energy• Loss of eye/vision |
|---|---|--|

SIF & PSIF Definitions

- High Energy Hazards
 - Hazards with the potential to cause SIF. Detailed via Icons.
- Direct Controls
 - Specific protections from High Energy Hazards.
- Exposure
 - Conditions where High Energy Hazards are present, AND where Direct Controls are NOT in place.
- Capacity
 - Release of High Energy, but where a Direct Control is in place and prevents a SIF incident.

Why SIF & PSIF?

- Heinrich's Accident Triangle Theory
 - Minor incidents are a precursor to serious incidents and fatalities.
 - Prevention of minor incidents will eliminate serious incidents and fatalities.
- SIF & PSIF events happen for different reasons than First Aid & Recordable events.



WHY SIF & PSIF?

New studies suggesting that...

Reductions in:

Unsafe Acts, Near Misses & Minor Injuries

Does NOT reduce:

Serious Injury & Fatality events

SIF & PSIF events are STILL OCCURRING

- Benefits from using SIF & PSIF?
 - More Easily Identify High Energy Hazards using SIF Icons
 - Build Capacity through implementation of Direct Controls
 - Improve the Activity Planning
 - Improve Lessons Learned / Near Miss processes

LAGGING & LEADING INDICATORS

- Lagging Indicators- measure output after event/incident
 - Near Miss Reporting & Investigations
 - Incident Tracking & Reporting
 - TRIR
 - DART
 - EMR
- Leading Indicators- measure input before event/incident
 - Good Catches
 - Last Minute Risk Assessments
 - Best Practices
 - CAPP Observations
 - PSIF Exposures

SIF Icons

Gravity



Suspended Load

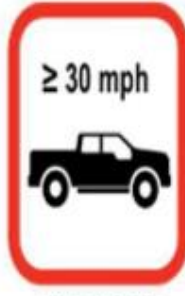


Fall from Elevation

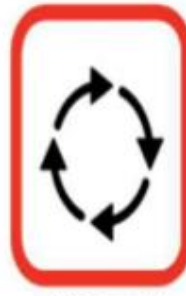
Motion



Mobile Equipment
and Workers on Foot



Motor Vehicle
Incident (occupant)



Equipment/
Vehicle Rollover

Electrical



Electrical Contact
with Source



Arc Flash

Temperature



Steam



High Temperature

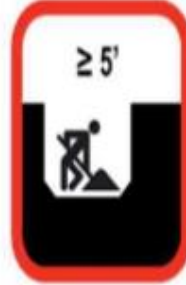


Fire with Sustained
Fuel Source

Pressure



Explosion



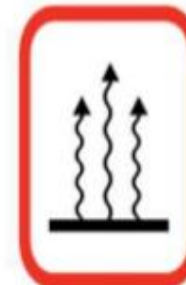
Excavation
or Trench

Mechanical



Heavy Rotating
Equipment

Chemical

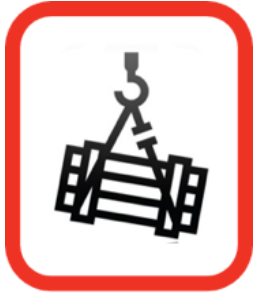


High Dose of Toxic
Chemical or Radiation



Confined Space

Suspended Loads



Type of Energy: Gravity

Loads requiring specialty equipment to lift them more than a foot off the ground.



Fall from Elevation



Type of Energy: Gravity

A fall while working from an elevation greater than 4 feet.



Mobile Equipment and Workers on Foot



Type of Energy: Motion

Equipment that is in motion near a worker who is on foot.



Motor Vehicle (occupant)

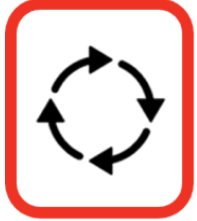


Type of Energy: Motion

Riding or driving in a motor vehicle going faster than 30 miles per hour.



Equipment/Vehicle Roll Over



Type of Energy: Motion

Equipment or vehicles move when they weren't supposed to or in a way that wasn't planned.



Electrical Contact with Source

≥ 50 Volts



Type of Energy: Electrical

Making contact with an electrical source of 50 or more volts.



Arc Flash



Type of Energy: Electrical

Any arc flash – electrical current leaves its intended path and travels through the air from one conductor to another, or the ground.



Steam

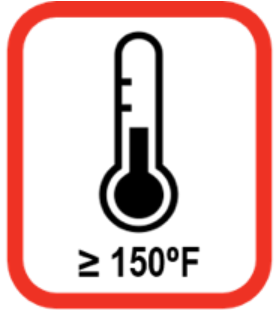


Type of Energy: Temperature

Any circumstance a person is exposed to steam that is released from being under pressure



High Temperature



Type of Energy: Temperature

Exposure to temperatures of 150 degrees or hotter for more than two seconds.



Fire with Sustained Fuel Source



Type of Energy: Temperature

A fire with an energy source that will allow it to burn for a long time.



Explosion



Type of Energy: Pressure

A large amount of energy is quickly released in a concentrated area.



Excavation or Trench deeper than 5'



Type of Energy: Pressure

Exposure to unsupported soil in an excavation or trench that's deeper than five feet.



Rotating Equipment & Materials



Type of Energy: Mechanical

Rotating equipment that is more powerful than a hand tool or exceeds 100 rotations a minute.



High Dose of Toxic Chemical or Radiation



Type of Energy: Chemical/Radiation

A person is exposed to a chemical or radiation above the acceptable exposure limits.



Confined Space



Type of Energy: Chemical/Radiation

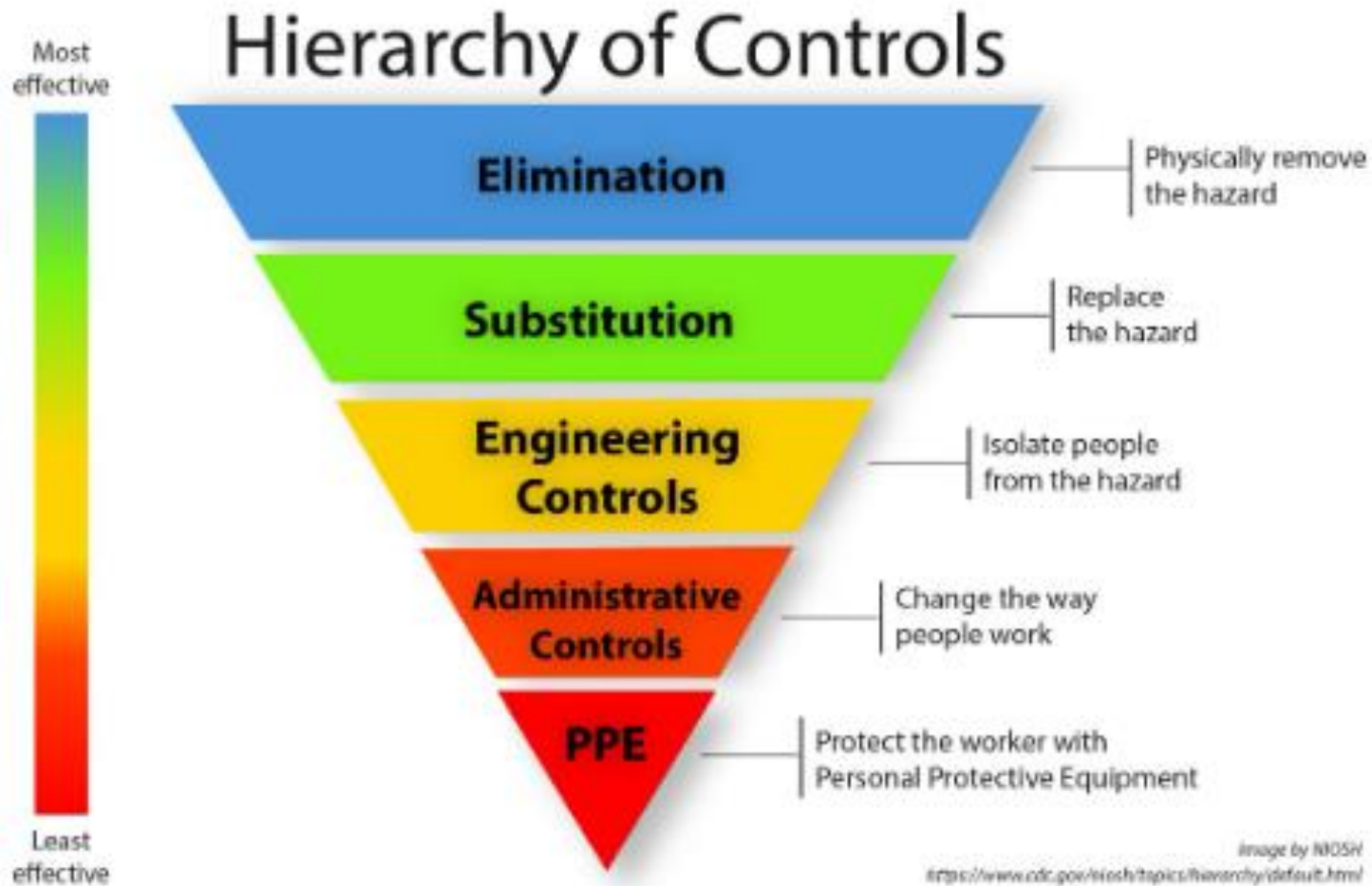
Danger related to atmospheric conditions that build up in confined spaces.



Direct vs. In-Direct Controls

- Direct Controls:
 - Required for all High Energy sources identified (SIF Icons)
 - Specifically target the High Energy source
 - Effectively Mitigates the Exposure
 - Best Controls work even if there is unintentional human error
- In-Direct Controls:
 - do not specifically target the High Energy source
 - do not mitigate the exposure
 - do not work if there is unintentional human error
- Examples:
 - Warning messages
 - “use caution when...”
 - “be careful...”
 - “watch out for...”
 - e.g. pinch points, slip/trip/fall hazards

Direct Controls



Direct Controls-examples

FALL HAZARD - example

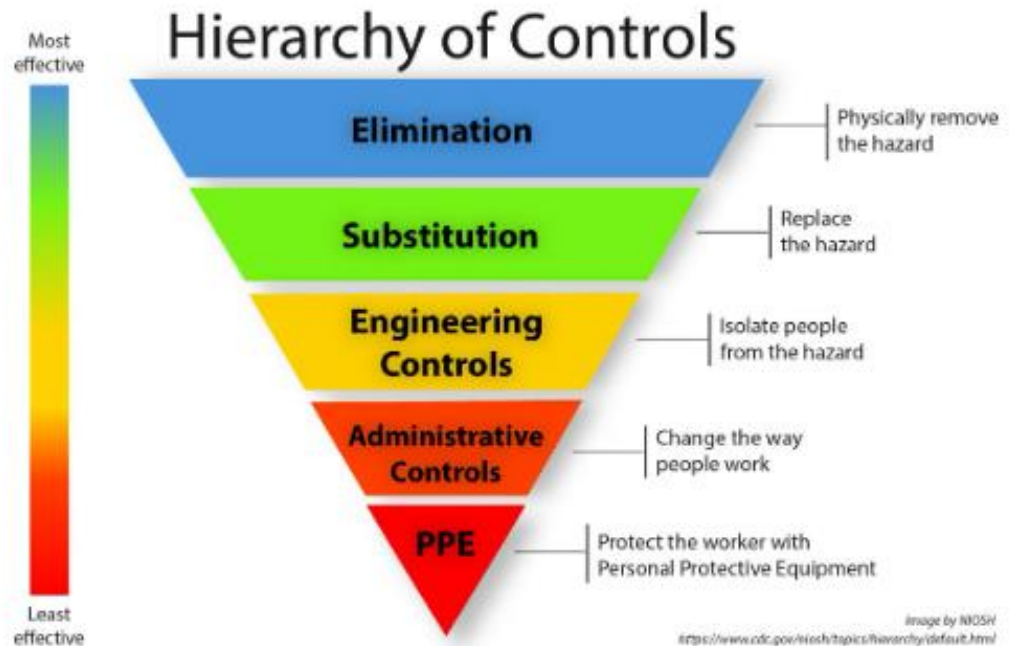
Pre-Work on the Ground

Lift vs. Ladder

Controlled Access Zone

Roof Monitor

Harness/Lanyards



Direct Controls-examples

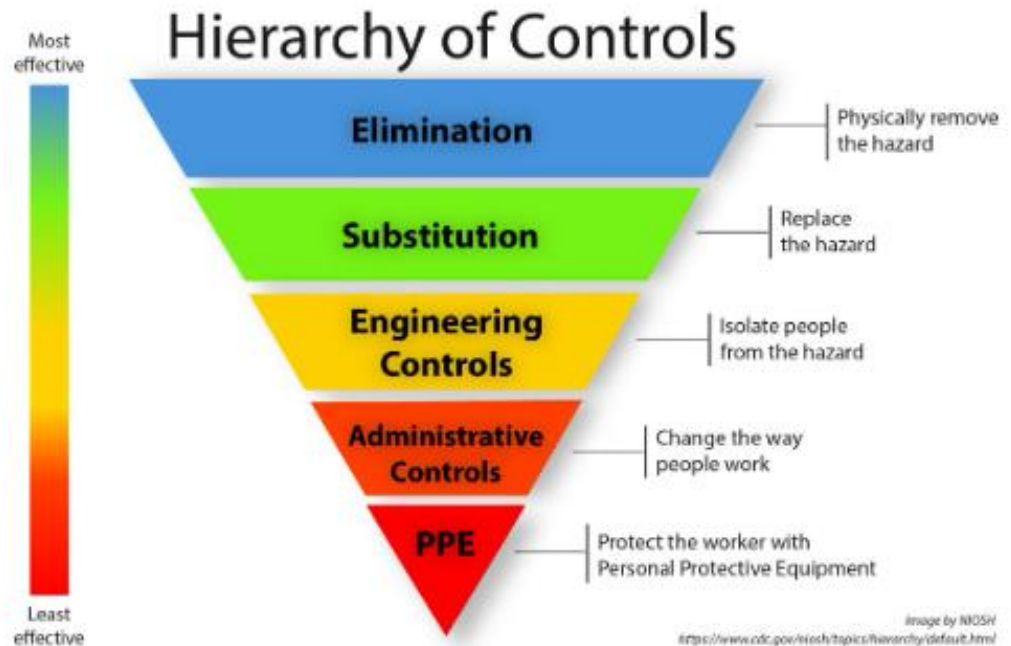
TRAFFIC HAZARD - example

Off Road Work
Jersey Barriers

TTC Zone (cones, barrels etc.)
Attenuator Trucks

No working on live side of tuck

Vests



In-Direct Controls

Suspended Loads



Type of Energy: Gravity
Suspended Loads
List Direct Controls:



Fall from Elevation



Type of Energy: Gravity
Fall from Elevation >4'
List Direct Controls:



Mobile Equipment and Workers on Foot



Type of Energy: Motion

Mobile Equipment & Workers on Foot

List Direct Controls:



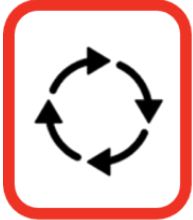
Motor Vehicle (occupant)



Type of Energy: Motion
Vehicle traveling >30mph
List Direct Controls:



Equipment/Vehicle Roll Over



Type of Energy: Motion
Equipment/Vehicle Roll Over

List Direct Controls:



Electrical Contact with Source



Type of Energy: Electrical
Contact with Source ≥ 50 volts
List Direct Controls:

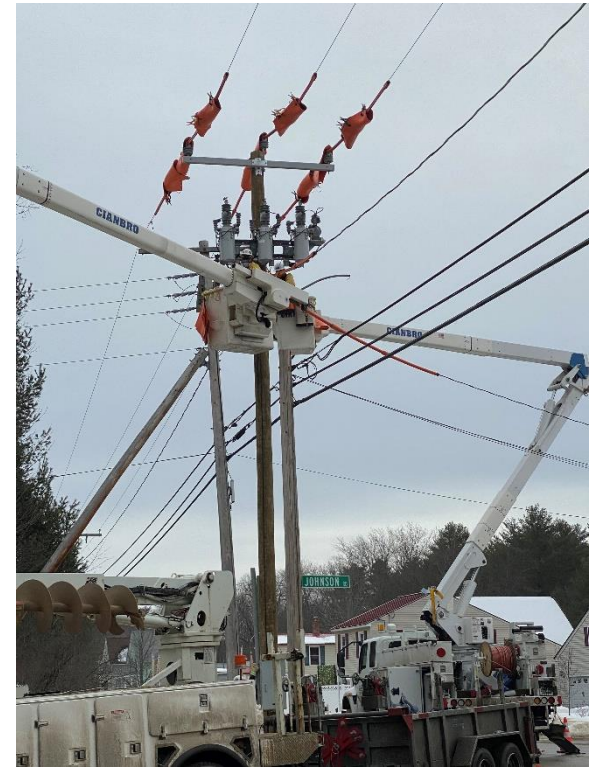


Arc Flash



Type of Energy: Electrical
Arc Flash

List Direct Controls:



Steam



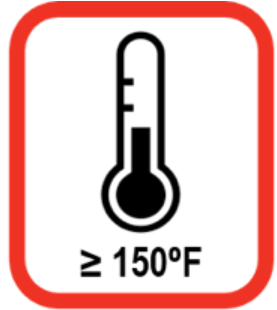
Type of Energy: Temperature

Exposure to steam released under pressure

List Direct Controls:



High Temperature



Type of Energy: Temperature
Temperature $\geq 150^{\circ}$ for >2 seconds
List Direct Controls:



Fire with Sustained Fuel Source



Type of Energy: Temperature

Exposure to fire with a sustained fuel source

List Direct Controls:



Explosion



Type of Energy: Pressure

High Energy Release in a concentrated area

List Direct Controls:



Excavation or Trench deeper than 5'



Type of Energy: Pressure
Controls:



Rotating Equipment & Materials



**Type of Energy: Mechanical
Rotating Equipment or Materials**

List Direct Controls:



High Dose of Toxic Chemical or Radiation



Type of Energy: Chemical/Radiation

List Direct Controls:

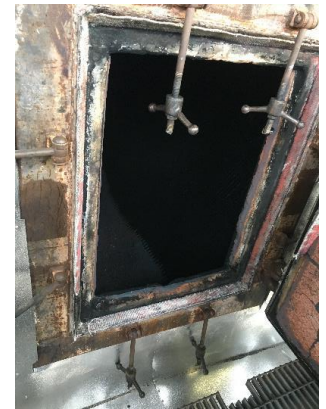


Confined Space



**Type of Energy: Chemical/Radiation/Mechanical
Confined or Enclosed Space**

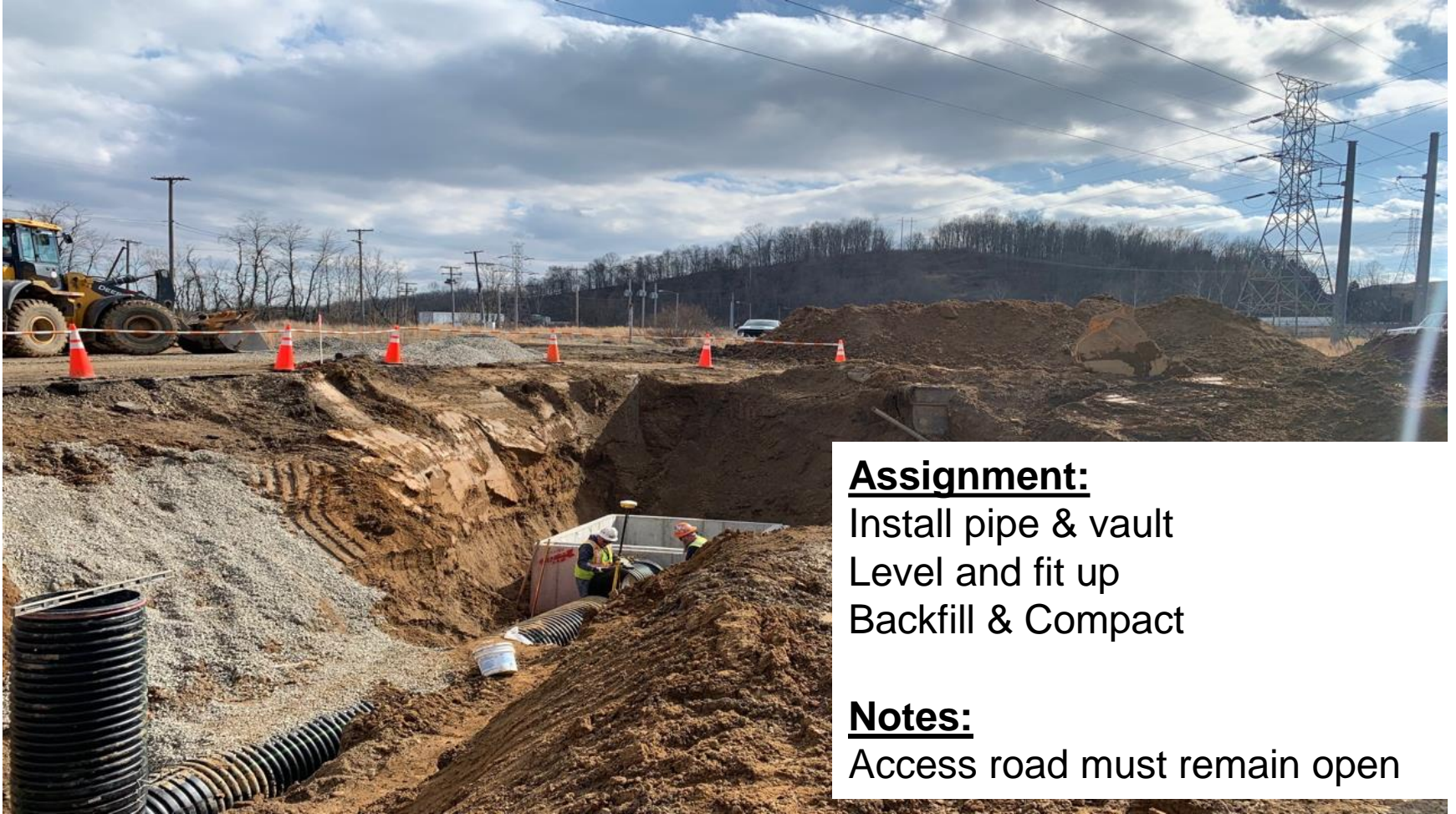
List Direct Controls:



SIF Icon Practice

- **Identify SIF Exposures** using High Energy SIF Icons.
- **Determine Direct Controls** for each SIF icon used.

Example 1



Assignment:

Install pipe & vault
Level and fit up
Backfill & Compact

Notes:

Access road must remain open

Example 1



Hazard: Excavation or Trench deeper than 5'

Type of Energy: Pressure
Exposure to unsupported soil in an excavation or trench that's deeper than five feet

Example 2

Assignment:

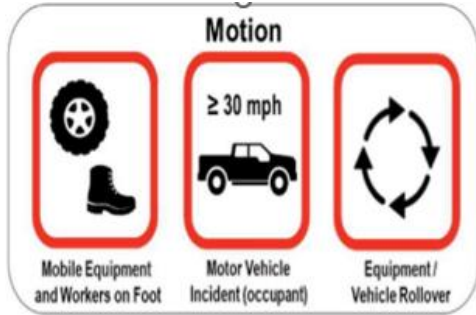
Auger pole hole
Set pole
Backfill & Compact

Notes:

Suburban road 35mph
Distribution lines are
energized at 19.9kV



Example 2



Hazard: Fall from Elevation
Type of Energy: Gravity
A fall while working from an elevation greater than 4 feet.

Hazard: Heavy Rotating Equipment
Type of Energy: Mechanical
All heavy rotating equipment beyond hand tools typically exceed the high-energy threshold



Example 3

Assignment:

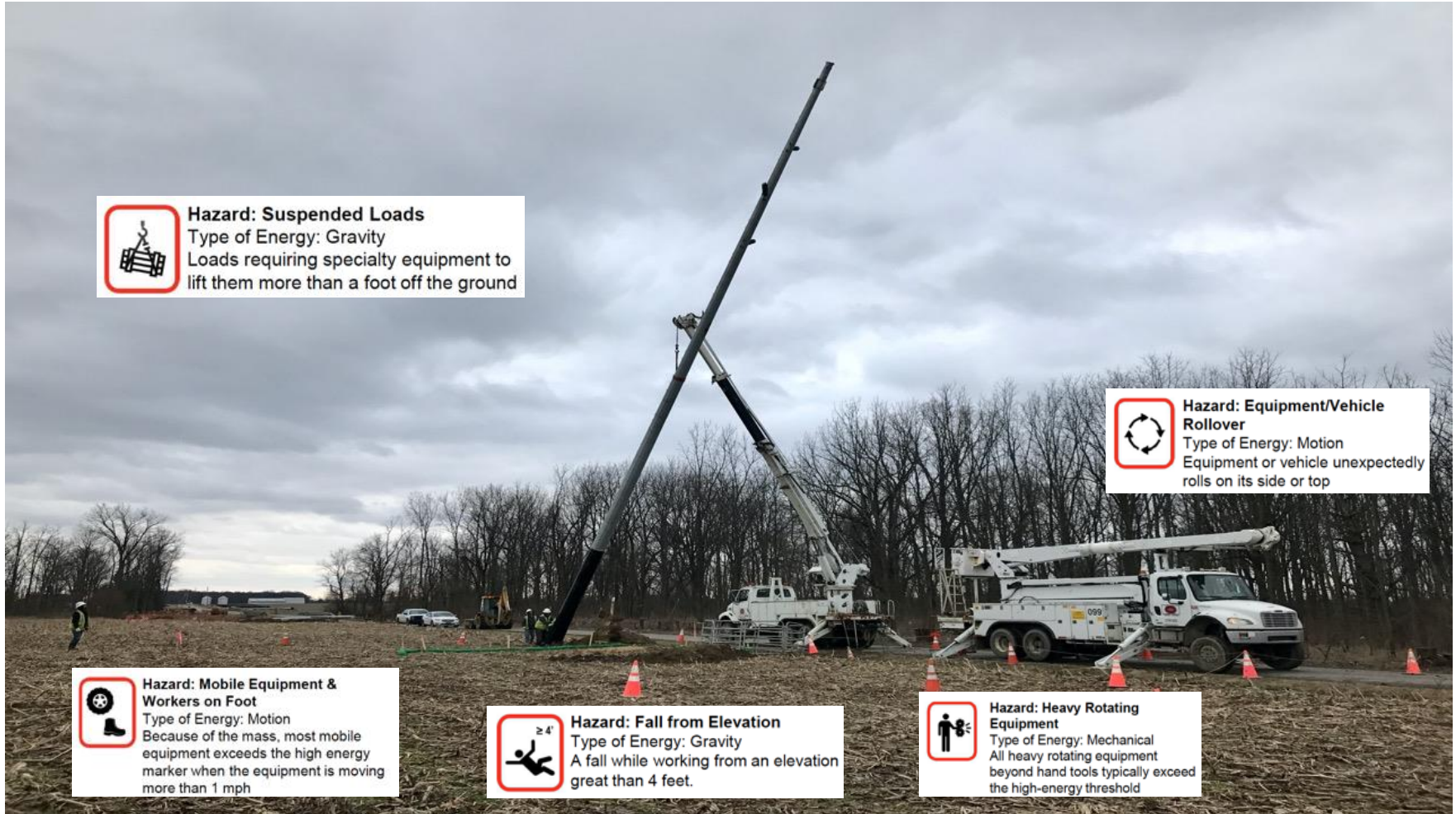
Auger pole hole to 14'
Set pole
Backfill & Compact

Notes:

Flat farm field
No parallel
transmission lines
2-piece pole



Example 3



Hazard: Suspended Loads
Type of Energy: Gravity
Loads requiring specialty equipment to lift them more than a foot off the ground



Hazard: Equipment/Vehicle Rollover
Type of Energy: Motion
Equipment or vehicle unexpectedly rolls on its side or top



Hazard: Mobile Equipment & Workers on Foot
Type of Energy: Motion
Because of the mass, most mobile equipment exceeds the high energy marker when the equipment is moving more than 1 mph



Hazard: Fall from Elevation
Type of Energy: Gravity
A fall while working from an elevation great than 4 feet.



Hazard: Heavy Rotating Equipment
Type of Energy: Mechanical
All heavy rotating equipment beyond hand tools typically exceed the high-energy threshold

Example 3

Assignment:

Remove breakers from frame.

Notes:

Energized Substation

Bushings to stay on



SIF Determination

- Was the event a SIF or PSIF?
 - Was High Energy Released?
 - Was there a Significant Injury or Fatality?
 - Was there Exposure?
 - Was a Direct Control in place?

- Using SIF Rates
 - SIF & PSIF per Reported Lessons Learned Incidents
 - Thru 9/8/22: 9 SIF/P-SIF of 74 Total LL = 12%
 - SIF & PSIF per Work Hour
 - Thru 9/8/22: 9 SIF/P-SIF in 264,581 hours = 6.80

SIF & PSIF Management

- Identify and Review SIF & PSIF events:
 - Using Lessons Learned Log & GSC / All-Safe Reports
 - Determine which LLs are SIF or PSIF
- Investigate SIF & PSIF events (current and previous)
 - Analyze LL data (2022 PWR GSC log, other business units)
 - Did we identify the SIF potential?
 - Did we learn everything we needed to?
 - Are we still using the corrective actions & Direct Controls?
- Training: Leaders, Supervisors and Crew

THE END

SIF Icons - Handout

Gravity



Suspended Load

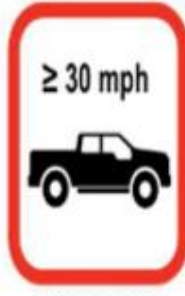


Fall from Elevation

Motion

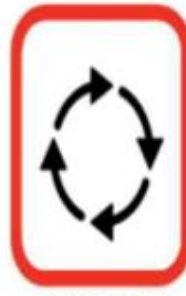


Mobile Equipment
and Workers on Foot



≥ 30 mph

Motor Vehicle
Incident (occupant)



Equipment/
Vehicle Rollover

Electrical



≥ 50 Volts

Electrical Contact
with Source



Arc Flash

Temperature



Steam



$\geq 150^\circ\text{F}$

High Temperature

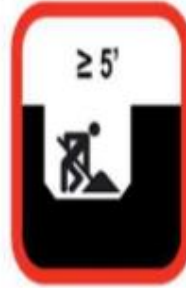


Fire with Sustained
Fuel Source

Pressure



Explosion



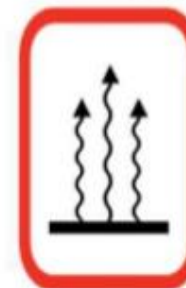
Excavation
or Trench

Mechanical



Heavy Rotating
Equipment

Chemical



High Dose of Toxic
Chemical or Radiation



Confined Space